



GLOBAL ACTION FOR AUTISM

[www.globalactionforautism.org](http://www.globalactionforautism.org)

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## ***ART CLASSES***

*Exploring your creativity*

*For young autistic people 16-25yrs*

***Start Date: Friday 21<sup>st</sup> February – Friday 27<sup>th</sup> March 2020  
10am – 12pm***

***6 Week Autistic Art Project taught by Artist Carol Saunders; named***

### ***HAPPINESS***



Objective: To engage participants in an Art Project that will encourage the Artist to explore the concept of happiness using tactile mediums. Sensory Art will be investigated which will relate to one's senses; touch, sight, sound and smell. The project will aim to inspire each artist to express themselves without creative boundaries.

What makes you happy? What are your passions? Can we choose happiness?

Each artist will decide what makes them happy;

Is it a colour, music, sport, picture, flower, sunshine, toy, person and so forth. Bring in your inspiration (where possible) and interpret it into an abstract piece of Art.

The aim is to create 5 pieces of Art. Final piece will be on stretched canvas to be showcased at end of project exhibition. Parents and carers are welcomed.

First Week will be used to engage the Artist to interpret a picture of a happy Minion into a painting. This session will be a bonding session to establish the Artist strengths and ideas.

Following sessions will be encouraged to use a different medium to create an Abstract Artwork on A3/A2 paper. Options include; Latex Glove Painting, Bubble Wrap Painting, Tissue Paper Painting, Sponge Painting, Straw Art, Collage using Foil, Felt, Tissue Paper, Colour Cards.

**To join classes, please call us on 020 7381 2116**

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